

Independent Healthcare Inspection Report (Announced) The Laser Beauty and Therapy Centre, Menai Bridge Inspection date: 08 February 2023 Publication date: 11 May 2023



This publication and other HIW information can be provided in alternative formats or languages on request. There will be a short delay as alternative languages and formats are produced when requested to meet individual needs. Please contact us for assistance.

Copies of all reports, when published, will be available on our <u>website</u> or by contacting us:

In writing:

Communications Manager Healthcare Inspectorate Wales Welsh Government Rhydycar Business Park Merthyr Tydfil CF48 1UZ

Or via

Phone: 0300 062 8163 Email: hiw@gov.wales Website: www.hiw.org.uk

Digital ISBN 978-1-80535-986-9 © Crown copyright 2023

# Healthcare Inspectorate Wales (HIW) is the independent inspectorate and regulator of healthcare in Wales

#### Our purpose

To check that healthcare services are provided in a way which maximises the health and wellbeing of people

#### Our values

We place people at the heart of what we do. We are:

- Independent we are impartial, deciding what work we do and where we do it
- Objective we are reasoned, fair and evidence driven
- Decisive we make clear judgements and take action to improve poor standards and highlight the good practice we find
- Inclusive we value and encourage equality and diversity through our work
- Proportionate we are agile and we carry out our work where it matters most

#### Our goal

To be a trusted voice which influences and drives improvement in healthcare

#### Our priorities

- We will focus on the quality of healthcare provided to people and communities as they access, use and move between services.
- We will adapt our approach to ensure we are responsive to emerging risks to patient safety
- We will work collaboratively to drive system and service improvement within healthcare
- We will support and develop our workforce to enable them, and the organisation, to deliver our priorities.



### Contents

1.	What we did	.5
2.	Summary of inspection	6
3.	What we found	9
	Quality of Patient Experience	.9
	Delivery of Safe and Effective Care	13
	Quality of Management and Leadership	15
4.	Next steps	16
Ар	pendix A - Summary of concerns resolved during the inspection	17
Ар	pendix B - Immediate improvement plan	18
Ар	pendix C - Improvement plan	19

### 1. What we did

Full details on how we inspect the NHS and regulate independent healthcare providers in Wales can be found on our <u>website</u>.

Healthcare Inspectorate Wales (HIW) completed an announced inspection of The Laser Beauty and Therapy Centre on 8 February 2023.

The inspection was conducted by a HIW Healthcare Inspector.

Note the inspection findings relate to the point in time that the inspection was undertaken.

This (full) report is designed for the setting, and describes all findings relating to the provision of high quality, safe and reliable care that is centred on individual patients.

A summary version of the report, which is designed for members of the public can be found on our <u>website</u>.

### 2. Summary of inspection

#### **Quality of Patient Experience**

Overall summary:

We found that The Laser Beauty and Therapy Centre was committed to providing a positive experience for patients in a pleasant environment with friendly and professional staff.

All patients who completed a HIW questionnaire rated the service provided by the clinic as very good.

We observed staff greeting patients in a polite and friendly manner, both in person and on the telephone.

There were systems and processes in place to ensure patients were being treated with dignity and professionalism.

This is what the service did well:

- The clinic is committed to providing a positive experience for patients
- The clinic was very clean and tidy
- Staff were polite, caring and listened to patients
- Bilingual service offered
- The clinic had a system in place for seeking the views of patients.

#### **Delivery of Safe and Effective Care**

Overall summary:

We found that The Laser Beauty and Therapy Centre was meeting the relevant regulations associated with the health, safety and welfare of staff and patients.

The clinic was very well maintained and well equipped to provide the services and treatments they are registered to deliver. All areas were very clean and free from any visible hazards.

There were good arrangements in place to ensure that the laser machines were used appropriately and safely.

The registered manager and staff were very knowledgeable, professional and demonstrated their understanding of where and how to access advice and guidance.

We found evidence that patients were provided with safe and effective care.

This is what the service did well:

- The clinic and treatment rooms had been designed and finished to a high standard
- Treatment rooms were clean, well equipped and fit for purpose
- Patients were provided with enough information to make an informed decision about their treatment
- We saw evidence that patients were satisfied with their treatments and services provided
- Patient notes were of a good standard.

#### Quality of Management and Leadership

Overall summary:

The Laser Beauty and Therapy Centre has an established team with good leadership and clear lines of accountability.

The day to day management of the clinic was the responsibility of the registered manager, who we found to be very committed to providing high quality patient care.

We observed that the staff team worked very well together and were committed to providing a high standard of care for patients.

This is what the service did well:

- We saw certificates showing that authorised users of the laser machines had completed the Core of Knowledge training and training on how to use the laser machines
- Patient information was kept securely
- We saw that all staff worked well together as part of a team.

### 3. What we found

### **Quality of Patient Experience**

#### Patient Feedback

Before our inspection, we invited the clinic to hand out HIW questionnaires to patients to obtain their views on the service provided. In total, we received 21 responses.

All patients who completed a questionnaire rated the service provided as very good. Some of the patients did not answer all of the questions.

Some of the comments provided by patients included:

"Just fantastic."

"Excellent standard of care always."

"Always friendly & relaxing atmosphere, very welcoming."

"The service is perfect."

"Service and procedure are excellent, very kind and professional service."

Patients were asked in the questionnaire how the setting could improve the service it provides. Some of the comments included:

"Already provides an excellent service."

"Service is already perfect."

"Nothing, the setting is clean, friendly and very professional."

"The setting is perfect, no need for improvements."

"Everything is top class and improvements would be difficult to do."

"No improvements necessary. I have always had excellent care."

#### Health protection and improvement

We viewed the changes that had been made to the environment of the clinic in response to COVID-19. To protect against the risk posed by the virus, we saw alcohol hand gel dispensers and face masks placed at strategic locations throughout the clinic.

All patients told us that, when attending the clinic, it was very evident that there were COVID compliant procedures in place.

We saw that patients were asked to complete and sign a medical history form at the start of each treatment.

#### Dignity and respect

All patients who completed a questionnaire confirmed that staff treated them with dignity and respect when visiting the clinic.

We saw that the doors to the treatment rooms were lockable, and staff confirmed they locked the doors during treatment to maintain privacy. Patients were provided with towels to protect their dignity if required and patients were left alone to undress if necessary.

Consultations with patients were carried out in the treatment room, to ensure that confidential and personal information could be discussed without being overheard.

All patients who completed a questionnaire confirmed that staff explained what they were doing throughout the treatment and that staff listened to them and answered any questions. Patient comments about staff included:

"Very professional with a friendly smile & lots of information."

"The team here are fantastic, warm and friendly. I would recommend them without hesitation. I have always been made to feel at ease."

"The team are always friendly, caring and very professional."

There was a space available for staff to have conversations with patients in private if required, to maintain confidentiality.

#### Communicating effectively

All patients who completed a questionnaire told us that they would know how to make a complaint if they were unhappy with the service provided at the clinic.

A statement of purpose and a patients' guide was available for patients to take away. The statement of purpose included relevant information about the services being offered.

The clinic has a website and leaflets which provide information on available treatments.

We looked at a sample of patients' records and found evidence that there was a clear and transparent approach to treatment pricing.

Two members of staff were Welsh speakers, which helps to meet the needs of Welsh speaking patients.

#### Patient information and consent

All patients who completed a questionnaire agreed that staff listen to them during their appointment and that they have been given enough information about their treatment, including the risks, different treatment options, cost and after care services. One patient told us:

"I have received excellent care. Staff are always willing to listen to concerns and able to put me at ease. They are also very knowledgeable and have supported me to other treatments when appropriate."

Patients were provided with a thorough face to face consultation prior to receiving any treatment. We were told that these discussions included the risks, benefits and the likely outcome of the treatment offered. Detailed patient information leaflets were available.

We were told that all patients were given a patch test prior to treatment starting to help determine the likelihood of any adverse reactions.

We found evidence to indicate that patients were provided with enough information to make an informed decision about their treatment. Patients were asked to provide written consent at the start of each course of treatment.

#### Care planning and provision

There were detailed individual patient notes available, with evidence of good record keeping processes. There was good documentation in place covering skin type, consent to treatment and medical history.

An up to date treatment register was maintained and treatment information was also recorded within individual patient files.

All patients who completed a questionnaire confirmed that they complete a medical history form and / or had their medical history form checked before undertaking any treatment. Patients also confirmed that they were given a patch test to determine the safe and effective laser setting before receiving treatment; and all patients confirmed that they signed a consent form before receiving new treatment. Patients provided the following comments:

"Personal service always very happy with any treatment."

"Excellent customer service, H&S measures."

#### Equality, diversity and human rights

There was good access to the building. Wheelchair users and patients with mobility issues could access both consulting rooms, the reception, waiting area, toilet and washroom facilities. There are also ample car parking facilities at the premises.

#### Citizen engagement and feedback

We found that the clinic had a system in place for seeking patient feedback, as a way of monitoring the quality of service provided. Patient feedback analysis is published on the clinic website demonstrating that feedback is acted upon and is used to influence changes to service delivery.

Patients could provide feedback at the end of each treatment via a questionnaire and on social media. Feedback and comments could also be made anonymously.

### **Delivery of Safe and Effective Care**

#### Managing risk and health and safety

We saw evidence that Portable Appliance Testing (PAT) had been conducted, to help ensure that small electrical appliances were safe to use. We also saw evidence that a building electrical wiring check had been undertaken within the last five years.

We looked at the arrangements for fire safety and found that the fire extinguishers had been serviced annually and fire exits were clearly signposted.

Fire risk assessments were in place, and we saw evidence that these had been regularly reviewed. Weekly fire alarm tests and annual fire drills were taking place. The registered manager confirmed they had conducted internal fire safety training.

There was an emergency first aid kit available, and two members of staff trained in first aid.

#### Infection prevention and control (IPC) and decontamination

We saw that the clinic was visibly very clean and tidy. We discussed the infection control arrangements with the registered manager and considered these to be appropriate to protect patients from cross infection.

There were no concerns expressed by patients over the cleanliness of the clinic. All of the patients who completed a questionnaire felt that the environment was very clean. Patients provided the following comments:

"Always clean, tidy and considerate."

"Always very professional and clean, warm environment."

Clinical waste was disposed of appropriately and we saw that there was a contract in place with an approved waste carrier.

#### Safeguarding children and safeguarding vulnerable adults

The service is registered to treat patients over the age of 16 years only. The registered manager confirmed that this was complied with.

The registered manager described how they would deal with any safeguarding issues. Policies were in place for both safeguarding children and vulnerable adults. There were clear procedures to follow in the event of any safeguarding concerns which included the local safeguarding referral team contact details. We saw evidence that staff had received training in adult safeguarding. However, we noted

that staff needed to complete training in safeguarding children. We were verbally assured that training would be arranged, and we received confirmation immediately following the inspection that training had been completed.

#### Medical devices, equipment and diagnostic systems

Laser machines had an annual service and calibration certificate which were in date. There were treatment protocols in place for the use of the laser machines and these had been approved by an expert medical practitioner.

There was a contract in place with a Laser Protection Adviser (LPA) and local rules detailing the safe operation of the machines. The local rules had been regularly reviewed by the LPA and signed by the laser operators.

#### Safe and clinically effective care

Eye protection was available for patients and the laser operators. The eye protection appeared in good condition and the registered manager confirmed that glasses were checked regularly for any damage.

There were signs on the outside of the treatment rooms to indicate when the laser machines were in use. The registered manager also confirmed that treatment room doors are locked when the machines are in use in order to prevent unauthorised access. We were told that the machines are kept secure at all times and can only be activated by a key, preventing unauthorised operation.

A risk management policy was available for us to view on the day of inspection. The environmental risk assessments had recently been reviewed by the LPA.

#### Participating in quality improvement activities

There were suitable systems in place to regularly assess and monitor the quality of service provided. In accordance with the regulations, the registered manager regularly seeks the views of patients as a way of informing care, conducts audits of records to ensure consistency of information and assesses risks in relation to health and safety.

#### Records management

We found that patient records were kept securely at the service. We examined a sample of patient records and found that these were maintained to a good standard.

### Quality of Management and Leadership

#### Governance and accountability framework

The Laser Beauty and Therapy Centre is owned and run by the registered manager.

We looked at a sample of policies and procedures and saw that these had been reviewed regularly and contained version and / or review dates. Any changes to policies or procedures are brought to the attention of staff.

We were informed by the registered manager that there were clear lines of accountability at the clinic, and staff were clear about their roles and responsibilities.

#### Dealing with concerns and managing incidents

There was a complaints policy in place, which included the contact details for HIW. The complaint procedure was also included within the statement of purpose.

The practice has a system in place to log formal and informal complaints and concerns. At the point of inspection, no complaints had been received by the clinic.

#### Workforce planning, training and organisational development

We saw certificates showing that all authorised users of the laser machines had completed the Core of Knowledge training and training by the manufacturer on how to use the laser machines.

#### Workforce recruitment and employment practices

The registered manager stated that the current staff team is well established and described the recruitment processes. Vacant posts are advertised, with prospective staff interviewed and references sought. Newly appointed staff are expected to undertake a period of induction.

Authorised users would not use the laser machines without appropriate training and Disclosure and Barring Service (DBS) checks undertaken. Staff read and sign policies to indicate they have understood them.

### 4. Next steps

Where we have identified improvements and immediate concerns during our inspection which require the service to take action, these are detailed in the following ways within the appendices of this report (where these apply):

- Appendix A: Includes a summary of any concerns regarding patient safety which were escalated and resolved during the inspection
- Appendix B: Includes any immediate concerns regarding patient safety where we require the service to complete an immediate improvement plan telling us about the urgent actions they are taking
- Appendix C: Includes any other improvements identified during the inspection where we require the service to complete an improvement plan telling us about the actions they are taking to address these areas.

The improvement plans should:

- Clearly state how the findings identified will be addressed
- Ensure actions taken in response to the issues identified are specific, measurable, achievable, realistic and timed
- Include enough detail to provide HIW and the public with assurance that the findings identified will be sufficiently addressed
- Ensure required evidence against stated actions is provided to HIW within three months of the inspection.

As a result of the findings from this inspection the service should:

- Ensure that findings are not systemic across other areas within the wider organisation
- Provide HIW with updates where actions remain outstanding and/or in progress, to confirm when these have been addressed.

The improvement plan, once agreed, will be published on HIW's <u>website</u>.

## Appendix A - Summary of concerns resolved during the inspection

The table below summarises the concerns identified and escalated during our inspection. Due to the impact/potential impact on patient care and treatment these concerns needed to be addressed straight away, during the inspection.

Immediate concerns Identified	Impact/potential impact on patient care and treatment	How HIW escalated the concern	How the concern was resolved
No immediate concerns were identified during this inspection			

### Appendix B - Immediate improvement plan

#### Service:

#### The Laser Beauty and Therapy Centre

#### Date of inspection: 8 February 2023

The table below includes any immediate non-compliance concerns about patient safety identified during the inspection where we require the service to complete an immediate improvement plan telling us about the urgent actions they are taking.

Improvement needed	Standard/ Regulation	Service action	Responsible officer	Timescale
No immediate improvement plan was required for this inspection.				

The following section must be completed by a representative of the service who has overall responsibility and accountability for ensuring the improvement plan is actioned.

Service representative:

Name (print):

Job role:

Date:

### Appendix C - Improvement plan

Service: The Laser Beauty and Therapy Centre

Date of inspection: 8 February 2023

The table below includes any other improvements identified during the inspection where we require the service to complete an improvement plan telling us about the actions they are taking to address these areas.

Improvement needed	Standard/ Regulation	Service action	Responsible officer	Timescale
No areas for improvement were identified on this inspection.				

The following section must be completed by a representative of the service who has overall responsibility and accountability for ensuring the improvement plan is actioned.

Service representative

Name (print):

Job role:

Date: